



**One Foot In The Past**  
**Written By: Chuck Frederick**

**VERSE 1**

**G** **C9**  
Headlights coming at me  
**G** **D**  
As I'm riding down the road  
**C** **D**  
Moonlight shining on the lake  
**C** **C7** **D**  
Calling to my soul  
**G** **C**  
Sun goes down behind me  
**G** **D**  
Another day comes to an end  
**C** **C7**  
Feel my heart so heavy  
**D** **G**  
I miss my best friend

**CHORUS**

**C** **D**  
I've got one foot in the future  
**G**  
Moving on to find my way  
**C** **D**  
One foot in the past  
**G**  
Can't get out of my own way  
**C** **D**  
Cause I'm lost somewhere in between  
**G** **C**  
Long as memories of you last  
**G**  
I've got one foot in the future  
**D** **G**  
One foot in the past

## VERSE 2

**G** **C9**  
Sometimes I see the Lord's hand in the clouds

**G** **D**  
And I remember what you said

**C** **C7** **D**  
Each evening God paints a masterpiece

**C** **D**  
Of orange pink and red

**G** **C**  
Each sunset pulls me forward

**D**  
Our love it pulls me back

**C** **C7**  
And I'm caught up somewhere in between

**D** **G**  
The future and our past

## BRIDGE

**C** **C7** **G**  
I will always love you

**C** **G**  
I have no regrets

**C** **C7** **G**  
My heart always remembers

**C** **C7** **D**  
Won't let my mind forget

## CHORUS

**TAG**

**C** **D**  
Cause I'm lost somewhere in between

**G** **C** **C7**  
Long as memories of you last

**G**  
I've got one foot in the future

**D** **G**  
One foot in the past

**G**  
I've got one foot in the future

**D** **C**  
One foot in the past